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DERBY SENIOR CENTER NEWS

DECEMBER 2018

Wow! The holiday's are here. I would like to wish everyone a Happy Hanukkah which starts on December 3rd, also a Merry Christmas on the 25th and a Happy Kwanzaa on the 26th.

Let's not also forget Pearl Harbor Day on the 7th which the United States remembers and honors the 2,403 citizens who were killed in the Japanese surprise attack.

Note: First day of winter is on Friday, December 21st. Stay heathy and warm.



This year we will be having our annual Christmas Party at the Center in the all purpose room on Thursday, December 13th with great food and entertainment. Please sign up early so that you will get a seat. The Twisted Vine will be catering the event .

Like always, to come to the party you need to be a current member of the center and bring in at least a \$5.00 toy, money or gift card of your choice for Teams annual drive for Toy's For Kid. This is your payment for the dinner at the Center. This is to say thank you to all members who make this center possible.

I would just like to let everyone know that my door is always open for suggestions, complaints or whatever.

Respectfully yours, Susan Churchill, Executive Director

SPECIAL POINTS OF INTEREST:

- The Elderly Commission meeting is on Monday, December 3, 2018 at 3:00PM
- The Executive Board will meet on Tuesday December 11, 2018 at 10:00AM
- The Activities Committee will be meeting on Tuesday, December 11, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, December 4, 2018 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **Closed December 25, 2018 for Christmas .**
- **We will also be closing at 12:30 on the 24th and the 31st to get a head start on the festivities.**

MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, December 10, 2018 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, December 17, 2018, at 1:00 PM. Thank you to Gardener Heights for hosting this event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter.
- ♦ **Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00AM to 12:00 Noon.**
- ♦ We will be having a trip going to **Portugal in 2019** sponsored by **Collette Tours**.
- ♦ **Other trips: Canadian Rockies, and Albuquerque Balloon Fiesta.**

FOR YOUR INFORMATION

In Loving Memory

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Please pay and pick up tickets in advance of function.*

Please no registrations before December 3, for in house functions. Check dates for registration for trips.

Current Trip Schedule 2018 & 2019

Showtime @ Log Cabin "Blue Christmas with Elvis"	Reg 10/25	December 6, 2018
Holiday Winter Celebration at Aqua Turf	Reg 10/9	December 11, 2018
Christmas in the White Mountains	Reg 11/1	December 12-14, 2018
Westchester Theatre "The Edwards Twins	Reg 10/16	December 18, 2018
UConn Vs. Univ of Florida at Gampel Pavilion	Reg 11/13	January 13, 2019
Escape the Cold Enjoy Mohegan Sun	Reg 11/6	January 23-24, 2019
The 38th Annual Flower & Garden Show	Reg 12/11	February 21, 2019
Sleigh Ride At Adams Farm	Reg TBA	March 7, 2019
2019 AAC Women's Basketball Tournament @ Mohegan	Reg TBA	March 10, 2019
UConn Huskies at Mohegan Sun	Reg TBA	March 11-12, 2019
Westchester Theatre—Rhythm of the Dance	Reg 12/18	March 12, 2019
St. Patrick's Celebration at Aqua Turf	Reg 1/9	March 19, 2019
Broadway "Kiss Me Kate" or The Cher Show (your Choice)	Reg TBA	April 3, 2019
Myrtle Beach, SC	Reg TBA	April 6-12, 2019
Creative Cuisine at the Culinary Institute of American	Reg TBA	April 9, 2019



December Christmas Luncheon
Thursday, December 13, 2018



Location Derby Senior Center in all purpose room

Time 12:00 Noon Price is at least a \$5.00 Gift for Toys for Kids

Entertainment by St.-Mary's/St. Michaels School Students

Also, we will be entertained by a favorite Marc Garofalo

Dinner will be catered in from the Great Twisted Vine

Menu as follows: Cavatelli with Broccoli, Garlic and Oil, Chicken Cacciatore, Fillet of Sole, Mashed Potatoes, Roasted Vegetables, Escarole with Garlic and Oil, Tossed Salad and a Surprise Dessert

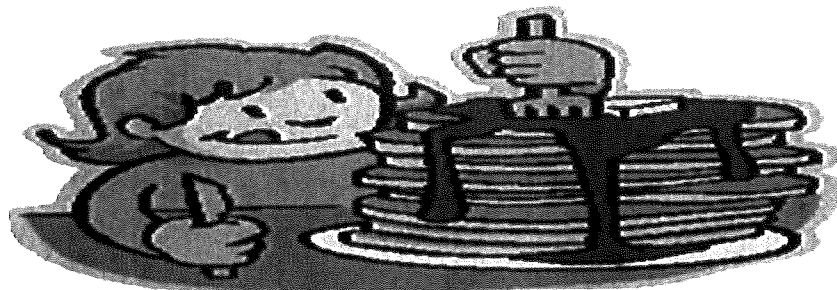
HAPPY HOLIDAYS FROM THE ENTIRE STAFF

December Christmas Breakfast

Thursday, December 20, 2018

Time 9:00AM-Price \$4.00

Choice of Egg Nog or Juice, Pancakes with choices of toppings Blueberries, Strawberries, Maple Syrup and Whipped Cream, Scrambled Eggs, Bacon, Sweet Potato Puffs, Pastry Unlimited Coffee and Tea and More! Free Prizes



Registrations for December 2018

Christmas in the White Mountains



Wednesday-Friday, December 12-14, 2018, Reg 11/1/2018

Price Double \$479.00, Triple \$ 449.00, Single \$619.00

Celebrate the Magic of Christmas at the beautiful White Mountain Hotel and Resort and enjoy the splendor of the White Mountains at Christmas Time.

This special holiday tour offers spectacular entertainment, festive activities, gourmet dining, and all the finest amenities of the White Mountain Hotel and Resorts' first-rate service and luxury accommodations. The hotel will be completely decorated in the Colonial style Christmas reminiscent of the famous décor of Colonial Williamsburg. This tour is the perfect opportunity for you to do some Christmas shopping with over 150 tax free specialty shops and outlet stores.

Trip Includes: Yuletide Welcome Reception, 2 Nights at the Hotel, 5 Meals, 2 breakfast, 1 lunch and 2 dinners. 3 different entertainment shows, a ride on the Conway scenic railroad "Apple Cider Express" to the White Mountain Cider Company's Country Store in Glen, NH, Shopping at tax free shops, all room and meal taxes and gratuities, special cocktail pricing, round trip baggage handling, Christmas gift with visit from Santa, Deluxe, Lavatory-Equipment, climate-controlled motor coach transportation, and driver and tour guide tips. So come and enjoy this tour and unwind with us before the busy holiday rush.

Sleigh Ride At Adams Farm

Thursday, March 7, 2019, Reg Date 1/8/2019

Price \$ 119.00 Per Person

Today, we will travel to the New England House Restaurant in Vermont. Here we will enjoy a delicious luncheon with a choice of Pot Roast Or Butternut Squash Ravioli, served with the complete trimmings.

Our next destination is The Adams Farm. They have been on Good Morning America. Get ready for the sleigh ride of your lifetime! Every sleigh is pulled by a team of Belgian Draft horses. The ride will take you into maple grove and pines, and into an open meadow. Join us at a log cabin in the woods for a steaming cup of hot chocolate and some tunes at the player piano. You will also have time to shop in the farm store for farm products, quilts and other Vermont specialties.

2019 American Athletic Conference (AAC)

Women's Basketball Tournament

Featuring the UConn Women's Huskies

A Semi-Final Game at Mohegan Sun Arena


Sunday, March 10, 2019, Price TBA, Reg 1/15/2019



Today enjoy a UConn Women's Semi-Final AAC Tournament game, played against the winner of the tournament's quarter-final game held the previous day. Come out and support your favorite female basketball players!

Includes: Transportation, Ticket to the Game Food Voucher and casino bonus and driver's gratuity.

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3) 10:00 Chair Yoga 11:15-12:00 Strength Training 12:15-1:45 Sign Language 3:00 Elderly Commission Meeting</p> 	<p>4) 9:30 Computer class cancelled for the month 11:45 Senior Café 1:00 Bingo Shelton Lakes will be providing the snacks</p> 	<p>5) 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba</p> 	<p>6) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p> 	<p>7) 10:00 Tai Chi 10:00 Shopping 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>10) 10:00 Chair Yoga 11:15-12:00 Strength Training Class 12:15-1:45 Sign Language Class</p> 	<p>11) Reg for 38th Annual Flower Show 9:30 Computer cancelled for this month 11:45 Senior Café 1:00 Bingo 2:50 HRC Group (Children from Derby & Ansonia High School come in with treats and would just love to sit around and socialize) PLEASE MAKE A POINT TO STOP IN.</p> 	<p>12) 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>13) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Holiday Luncheon 1:00-3:00 Craft Class Reiki session by appointments</p> 	<p>14) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class</p> 
<p>17) 10:00 Chair Yoga 11:15-12:00 Strength Training 12:15-1:45 Sign Language</p> 	<p>18) 9:30 Computer cancelled this month 19) 11:45 Senior Café 1:00 Birthday Bingo Gardener Heights will be supplying to prizes and cake</p> 	<p>19) 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>20) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p> 	<p>21) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>24) 10:00 Chair Yoga 11:15-12:00 Strength Training Closing at 12:30 for last minute Christmas Shopping</p>	<p>12) Closed for the Christmas Holiday</p> 	<p>26) 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba</p> 	<p>27) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Senior Luncheon</p> 	<p>28) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting</p> 
<p>31) 10:00 Chair Yoga Class 11:15-12:00 Strength Training Closing at 12:30 for the New Year's Eve Holiday</p>		<p>Happy Kwanzaa</p> 	<p>Merry Christmas</p> 	<p>Happy New Year</p> 

December Birthdays

FIRST NAME	LAST NAME
John	Baker
Mary Jo	Balog
Joseph	Bazyluk
Dolores	Benube
Natale	Biscotto
Joyce	Blewett
William	Blewett
Anna	Bonadies
Richard	Boroski
Ron	Boucher
Jacques	Bourque
Josie	Bunosso
Robert	Cann
Carmela	Caporale
Nicolo	Carlino
Emma	Cavagnuolo
Pauline	Cayer
Rosalie	Cayer
Linda	Clocchi
Frances	Cohen
Mary	Coppola
Mary	D'Agostino
Gertrude	David
Ralph	DeAyala
Claudia	Degnan
Virginia	DeMartino
Carmen	DiCenso
Mary Joan	Donahue
John J.	Donovan
Frances	Dorso
Linda	Dowski
William	Duggan
Florence	Dzikas
Shirley	Erickson
Zena	Fasclano
Connie	Fernandes
Clara	Finnucan
Barbara	Fitzgerald
Natalie	Fuller
Linda	Fusco
Robert	Geci
Marisa	Gertz

FIRST NAME	LAST NAME
Vincent	Giammarino
Edward	Glenn
Ronald	Goddard
Geraldine	Green
Linda	Gruftadauria
Salvatore	Gulfuzza
Rosemary	Holzer
Warren	Horvath
Jean	Howard
Donna	Howell
Jean	Hubbell
Ivoryne	Jones
Linda	Joyce
Gwenn	Kadric
Catherine	Kelleher
Beverly	Kestler
Donald	Kierol
Millie	Kristopik
Joseph	Labowski
Rosemary	Lau
Termetra	Lindsey
Estelle	Lobdell
Theresa	Loda
Eleanor	Lucek
Lorraine	Lynch
Leo	Mackewich
Louis	Magyar
Anne	Marczyk
Candida	McGee
Denise	Melita
Sandra	Mendyk
Lola	Merritt
Corinne	Milek
Anna	Miller
Patricia	Miller
Dorothy	Mishko
Evelyn	North
Eleanor	O'Connor
John	O'Connor
Lillian	O'Donnell
Barbara	Osterhoudt
Dorothy	Palazzi



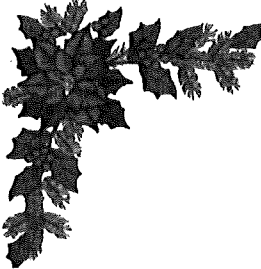
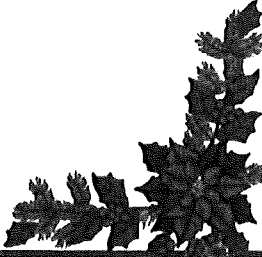
FIRST NAME	LAST NAME
Alma	Pearce
John	Pedevillano
Margaret	Petit
Linda	Piccolo
Clella	Ponzillo
Carol	Prater
Helene	Prokop
Joan	Quinn
A. M.	Renkewith
Katherine	Richter
John	Rinaldi
Margaret	Rivelli
Barbara	Roog
Lucia	Russo
Phyllis	Ruta
Louis	Santoro
Rose	Schryver
Elizabeth	Schwarz
Brien	Shampnols
Kathleen	Shepherd
Anne	Smith
Glen	Smith
Susan	Smith
Catherine	Stewart
Maryln	Strashart
Barbara	Sutton
Catherine	Sypniewski
Elaine	Tenedine
Alice	Tomaszski
Ann	Torillo
Ellen	Trabka
Carol	Twigg
Genevieve	Uva
Barry	Wilensky
Leonard	Witek
Robert	Zemola
Jean	Zima
Mary Elizabeth	Zuber





DECEMBER 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Parmesan Bowtie Pasta Zucchini & Tomato Parmesan Cheese Italian Bread Peaches Margarine	4 Beef Teriyaki Brown Rice w/ Pineapple Oriental Blend Wheat Roll Mandarin Oranges Margarine	5 Grape Juice Italian Wedding Soup w/ Crackers Turkey Salad Sandwich on Wheat Bread Macaroni Salad Broccoli Slaw Chocolate Pudding	6 Garlic Chicken Quarter Baked Potato Green Beans Wheat Dinner Roll Fresh Fruit Margarine	7 Mixed Fruit Juice Tuna Casserole Italian Blend Veggies Spinach Garlic Breadstick Carrot Cake Margarine
10 Orange Juice Pulled Pork Two Potato Mash Country Style Veg Wheat Bread Fruit Pie Margarine	11 Chicken Pot Pie w/ Biscuit Beets Green Beans Baked Apple Slices Margarine	12 Meatloaf w/ Gravy Acorn Squash Peas & Carrots Pumpnickel Dinner Roll Fresh Fruit Margarine	13 SPECIAL LUNCH: Pot Roast w/ Gravy Potato Latkes w/ Applesauce Garnish Carrots Rye Bread Jelly Donuts Margarine	14 Veggie Wedge w/ Mozzarella Cheese & Roasted Veggies, Pesto Sauce on Whole Grain Grinder Roll Beet Salad Fruit Cocktail
17 Potato Crunch Fish w/ Tartar Sauce & Lemon Pasta Salad Green Beans Multigrain Bread Fresh Fruit Margarine	18 Sausage & Pepper Brown Rice Pilaf Broccoli Wheat Dinner Roll Fresh Fruit Margarine	19 Chicken Florentine Penne Pasta Stewed Tomato Parmesan Cheese Italian Bread Apricots Margarine	20 SPECIAL LUNCH: Chicken Cordon Bleu Twice Baked Potato Peas & Mushrooms Snowflake Dinner Roll Holiday Cake Margarine	21 Butternut Squash Soup w/ Crackers Grandioli w/ Sauce & Cheese Mixed Vegetables Garlic Breadstick Applesauce
24 Christmas Eve  Office Closed	25 Christmas Day  Office Closed	26 Mixed Fruit Juice Roast Pork w/ Gravy Mashed Potato Bean Blend Rye Bread Pound Cake w/ Berries Margarine	27 SPECIAL LUNCH: Sparkling Juice Chicken Breast w/ Spinach & Red Pepper Brown Rice Parsley Carrots Herbed Dinner Roll Holiday Cake	28 Three Bean Vegetarian Chili Brown Rice Country Style Veg Corn Bread Mandarin Oranges Margarine
31 Tomato Basil Soup w/ Crackers Chicken Piccata Brown & Wild Rice Green Beans Wheat Dinner Roll Fruit Cocktail Margarine	<div>  <p> <i>'Tis the season to be jolly...</i> <i>The staff of</i> TEAM, Inc. Elderly Services, <i>wishes everyone a Happy Holidays!!</i> </p>  </div>			

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: December 10 & 26



30 ELIZABETH STREET, DERBY, CT 06418 ~ 736-5420

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk.

Free Printable Word Search Puzzles

Winter

Find and circle all of the Winter related words that are hidden in the grid.
The remaining letters spell a Japanese proverb:

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L S O S E K A L F W O N S E L C I C I N
L E Y C E K R A I M N D D R A Z Z I L B
A S C A W V K A I O E C I K C A L B R D
B W A R D R O T E S N O W S H O V E L C
W E R F A I T L C W A F I R E P L A C E
O A N P I E L I G E R N H E A D B A N D
N T I S N C P O L S Y E S E T A K S S W
S S V S N M E T H K E A D N D F R N E M
T H A M Y O S F S C K T N N O L O H A R
Y I L L R A W E I O C W O E U W O G S W
E R O S C O R S W S O I I B B G M C O I
S T E W A I T S H L H V T O O S N A N N
N K O P T M O S P O G I A S T G O O N D
D N I W P L T W T O E R N C O E G U L C
S E O I S I O S N W D S R G A R E A P H
E N L T N N L G I F R E E Z E T F L N I
S R I S S G G S M R O N B O O D I K S L
T C F I R E W O O D H A I L S T O O B L
E H S S T N A P I K S C H P A C T I N K

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BLACK ICE	HAIL	SEASON	SNOWBOARD
BLIZZARD	HEADBAND	SKATES	SNOWFLAKE
BOOTS	HIBERNATION	SKI DOO	SNOWMAN
CARNIVAL	HOCKEY	SKI PANTS	SNOWSHOES
CHRISTMAS	HOLIDAYS	SKIING	SOLSTICE
COLD	ICE FISHING	SLED	SOUP
EGG NOG	ICICLES	SLEET	STEW
FIREPLACE	KNIT CAP	SLIPPERY	STORM
FIREWOOD	LONG UNDERWEAR	SNOW CASTLE	SWEATSHIRT
FOG	MITTENS	SNOW PLOW	TOBOGGAN
FREEZE	OLYMPICS	SNOW SHOVEL	VACATION
FROST	PARKA	SNOW TIRES	WIND CHILL
GLOVES	SCARF	SNOWBALL	WOOL SOCKS

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